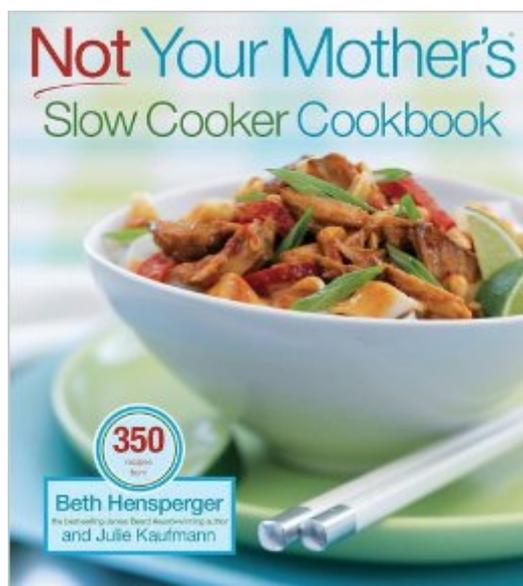


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# Not Your Mother's Slow Cooker Cookbook



## Synopsis

You probably own a slow cooker - 80 percent of American households do. For more than thirty years, its unbeatable convenience and practicality have made it a staple of busy families, enabling anyone to return to a home-cooked meal at the end of a hectic day. Many slow cooker recipes, however, have relied on less-than-healthy convenience products. Now, Beth Hensperger and Julie Kaufmann's *Not Your Mother's Slow Cooker Cookbook* takes a completely fresh look at cooking with this popular appliance. This comprehensive collection of 350 recipes combines the ease of slow cooking with the fresh, wholesome ingredients and exciting flavors of today's kitchen. For days when there's just no time for prep, there's Orange and Honey Chicken Drumsticks or Country Ribs with Onions, Apples, and Sauerkraut. For (slightly!) less hectic days there's Tangy Tomato Brisket or Lentil and Red Pepper Soup. Stay out of the kitchen when guests arrive with Duck Breasts with Port Wine Sauce or wake up to breakfast with Hot Apple Granola Oatmeal. Hensperger and Kaufmann offer dishes for every time frame, without compromising on taste, quality, or variety. And *Not Your Mother's Slow Cooker Cookbook* showcases the best of home cooking while taking advantage of a global melting pot of flavors - so cooks can serve Chicken and Shrimp Jambalaya one day and Japanese Beef Curry Rice another. All the classic slow cooker recipes are here, plus many more adventuresome and innovative dishes. There is also practical information on the different types of slow cookers, their latest accessories, and what sizes are best for what purposes.

## Book Information

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## Customer Reviews

I love my crockpots (I have two oval ones in different sizes). I have several crockpot cookbooks in my bookshelf and have also read many others which I borrowed from the library. After reading these books, I came to a sad conclusion that most people who use crockpot are not "real cooks" from many cookbook authors assumption; they write books for those who use a crockpot to make "canned soup+meat+frozen/canned veggie dishes." I like quick and easy dishes and use canned soup occasionally but I don't want them to be the main item of my cooking. With this thought, I was surfing the net a couple of days ago hoping to find a crockpot cookbook using fresh wholesome food and I came across this book. The authors of this book created crockpot recipes for a cook like me (if you agree to my comment above, you will be happy to see this book!). After I read a couple of reviews by other users and bought this book (along with the Gourmet Slow Cooker Cookbook) from . Yes, it requires more prep time and more ingredients but isn't it worth making that much efforts for healthier and tastier meals?! YES!! Also, most ingredients appeared in this book are common items in my kitchen. The only minus (4 stars instead of 5 stars) is the lack of photos of the recipes. I read cookbooks for pleasure and those sumptuous looking photos are important to me. I know it makes the book more expensive if you have photos but it would be great if there are several pages of photos under each category to show how good these dishes look! I would definitely pay several more dollars for the photos for this book!

I love cookbooks and I love to cook. Until now my least favorite cookbooks have been my crockpot books. BORING! So my crockpot only gets pulled out when I need to cook a pot of beans or take something to a potluck. What a shame. I mean, what could be more convenient, safe, and economical than cooking with an appliance that you can leave unattended for hours and that doesn't heat your whole kitchen?"Not Your Mother's Slow Cooker Cookbook" is fascinating and exciting. Why? Because of so many healthful, whole grain ideas, such as the "From the Porridge Pot" and "Rice and Other Grains" chapters. And soups! We will be eating soup all winter....I can't wait to try all of the recipes included in this section, including all of the stock recipes (chicken, turkey, beef, vegetable, and variations). From my bookshelves full of cookbooks, this has taken its place as one of my top two or three favorite cookbooks. This cookbook is substantial, with over 500 pages of recipes and slow cooker how-to. Casseroles, poultry, beef, pork, fish, side dishes, stews and desserts are all included. The only pictures are on the front and back covers. They are beautiful and I do wish there were a few more pictures included. It has been a while since I have been this excited about a cookbook (quite an accomplishment, as I do get quite excited about cookbooks). I wish there were a forum where I could read reviews of the various recipes, just to help me decide

which recipe I will try next! Highly recommend.

This is a great book for those new to slow cookers, or for those who have previously been disappointed with slow cooker recipes. The first 20 pages offer a solid body of information about all things pertaining to slow cooking: What is slow cooking? About the stoneware insert; Slow cooker shapes & sizes; how to use the new "smart pots"; temperature settings; breaking in a new pot; high altitude slow cooking; the basic "rules" of slow cooking; cooking times; adapting conventional recipes; useful cooking techniques, and more. Each section of recipes includes a nice introductory informational section, and each individual recipe has some introductory information as well. Recipe groups include soups, veggie stews, side dishes, a rice section, and there's a whole section on cooking various types of porridge...cinnamon apple oatmeal, overnight steel-cut oatmeal, maple oatmeal with dried fruit & spices, and various other grain type porridge recipes. Put all the ingredients in the pot at night before going to bed, and wake up to warm, creamy porridge of one type or another. Each recipe indicates number of servings, general type of crockpot to use, and cooking time. My main complaint, and the reason I can't give this 5 stars, is that nutritional information is not given for any of the recipes. Also, a minor layout complaint is that sometimes a recipe will start on one page and finish up on the next so you have to turn the page to see the rest of it. I would prefer to see one recipe per page. Other than these two things, this is a good cookbook with a nice selection of recipes, and definitely very useful for someone new to slow cooking as it will familiarize you with all the techniques necessary to successful slow cooking.

As a new mother of twins, I was struggling to get dinner on the table every night. I tried the slow cooker, but all the meals were so heavy and they all tasted the same. I saw this book and decided to give it a try. I have made about 10 things from it and every one was so tasty. I have never been so happy with a cookbook, and my husband is thrilled. I am actually planning dinner parties as I can prepare the dinner during the twins' naps and let it cook all day, and serve a very impressive dinner when company arrives. I can't say enough about this cookbook. I have never written a review of anything before, but wanted to share this book with other busy mothers. It is your best weapon for getting a healthy and delicious meal on the table.

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